Just follow the curve.

Take the guesswork out of strength training with connected electronic equipment that adjusts to you!

eGYM
What is eGym?

Equipment with rep-by-rep guidance that...

- automatically syncs with our app to track your progress and visualize results.
- adjusts to your settings (i.e. resistance & weight) when you tap your wristband.
- alters workouts based on your progress so you never stagnate or over-train.

Why people love it.

- **It’s fun.** Working out with rep-by-rep guidance is like playing a video game.
- **It’s safe.** Our machines help you keep proper form for each exercise.
- **It’s routine-building.** Knowing exactly what to do when you get to the gym makes you more likely to come.
- **It’s motivating.** Easily visualize your progress and gain insightful analyses through the app.
- **It’s personalized.** Machines know the perfect settings for your age, body type and goals.
- **It’s effective.** Never stagnate or over-train with our training plans that adapt to your progress.

Talk to any staff member to get started.