



HRH GYM SCHEDULE: April 29 - May 26

Please note that this schedule is subject to change. Please refer to the website and schedules posted outside of the gym for the most up to date information.

GYM COLOR CODE

OPEN GYM	SPORT PROGRAM
SHOOTING ONLY	KIDS ZONE
GROUP EX	13+ OPEN PLAY
Court 1: Front	Court 2: Back

OPEN GYM: Court 1 is reserved for basketball games and court 2 is for shooting.
13+ OPEN PLAY: Cross court pick up games are allowed & all players rotate in. No shooting available.
****Hoops may be lowered and balls borrowed when staff present in gym.****

MON		TUE		WED		THURS		FRI		SAT	
Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5a-9a Open Gym	5a-9a Open Gym	5a-9a Open Gym	5a-9a Open Gym	5a-9a Open Gym	5a-9a Open Gym	5a-9a Open Gym	5a-9a Open Gym	5a-9a Open Gym	5a-9a Open Gym	7a-7p Open Gym	
9a-12p Pickleball	9a-12p Pickleball	8-9:15a Pickleball	9a-12p Pickleball	9a-12p Pickleball	8-9:15a Pickleball	9a-12p Pickleball	8-9:15a Pickleball	9a-12p Pickleball	9a-12p Pickleball		
		9:15-10:45a LesMills BodyAttack			9:15-10:45a LesMills BodyAttack		9:15-10:45a LesMills BodyAttack				
12-6p Open Gym	12p-1p Chair Yoga	12p-6:30p Open Gym	12p-1p Chair Yoga	12p-6:30p Open Gym	12p-1p Chair Yoga	12p-6:30p Open Gym	12p-1p Chair Yoga	12-9p Open Gym	12-9p Open Gym		
	1-3p Pickle ball		1-3p Pickle ball		1-3p Pickle ball						
	3p-6:30p Shooting Only		3p-5:30p Shooting Only		3p-5:30p Shooting Only						
6-7:15p Shooting Only	6-7:15p Cardio Kickboxing	6:30-9p Open Gym	6:30-9p Open Gym	6:30-8:30p Shooting Only	*6:30-8p S. Clinic	6:30-8:30p Shooting Only	6p-8:00p Girls Bball League	*5:30p-7:15p Sports Clinic	7:15-9p Open Gym		
7:15-9p Open Gym	6:30-9p Open Gym				8p-8:30p O.G.		8p-9p Open Gym	8p-9p Open Gym			
					8:30-9p Open Gym					8p-9p Open Gym	
										SUN	
										Court 1	Court 2
										11a-6p Open Gym	
										Schedule subject to change if there is inclement weather.	