



# PLAY HERE!

## SHAPE THEIR FUTURE

YMCA youth sport programs focus on the fundamentals. Youth not only learn the basics of their sport, but they also learn about being a good teammate and how to demonstrate values such as caring, honesty, respect and responsibility. Playing sports is about more than winning games. It's about developing strength of character and YMCA sports do this every day!

**JOIN US FOR OUR 2020 HENDRICKS REGIONAL HEALTH YMCA SPORTS LEAGUES!**

Season	League	Registration Opens	Program Start Date	Ages
Winter	Basketball	November 1 <sup>st</sup>	1/18/2020	3-12 years
	Cheerleading		1/18/2020	4-8 years
	Travel Basketball		1/8/2020	6-13 years
Spring	T-Ball/Baseball	February 1 <sup>st</sup>	4/10/2020	4-9 years
	Soccer		4/11/2020	3-12 years
	Flag Football		4/11/2020	4-5 years
	Track and Field		5/4/2020	4-13 years
Summer	Soccer	April 1 <sup>st</sup>	6/14/ 2020	4-9 years
	T-ball/Baseball		6/13/2020	3-12 years
	Basketball		6/27/2020	4-9 years
Fall	T-Ball/Baseball	June 1 <sup>st</sup>	8/14/2020	4-9 years
	Soccer		8/15/2020	3-12 years
	Flag Football		8/15/2020	4-5 years
	Track and Field/Cross Country		8/24/2020	4-13 years
	Basketball		10/31/2020	3-12 years
	Cheerleading		10/31/2020	4-8 years

For more information about YMCA Sports Leagues, Clinics & Classes, check us out on the web at [www.indymca.org](http://www.indymca.org) or call the Hendricks Regional Health YMCA at 317-273-9622.



# BUILDING CONFIDENCE & SHAPING THEIR FUTURE



Our Youth Sports Clinics are designed to teach the basic skills of each sport to children who have never played and improve the skills of those who have. When your child plays at the Y, they learn our four core values and discover a love for the game.

## JOIN US FOR OUR 2020 HENDRICKS REGIONAL HEALTH YMCA SPORTS CLINICS!

SEASON	CLINIC	REGISTRATION OPENS	PROGRAM START DATE	AGES
<b>WINTER</b>	Volleyball	Dec 12 <sup>th</sup>	1/14/2020	6-12 years
	Basketball		2/4/2020	6-12 years
	Tennis		2/19/2020	5-10 years
	Soccer		2/25/2020	6-12 years
<b>SPRING</b>	Basketball		4/7/2020	6-12 years
	Tennis		4/15/2020	5-10 years
	Volleyball		4/28/2020	6-12 years
<b>SUMMER</b>	Basketball		May 15 <sup>th</sup>	6/2/2020
	Tennis	6/3/2020		5-10 years
	Soccer	7/7/2020		6-12 years
	Tennis	7/15/2020		5-10 years
	Basketball	8/4/2020		6-12 years
<b>FALL</b>	Basketball	Aug 21 <sup>st</sup>	9/1/2020	6-12 years
	Tennis		9/9/2020	5-10 years
	Basketball		9/22/2020	6-12 years
	Volleyball		11/3/2020	6-12 years
	Basketball		12/1/2020	6-12 years

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