



IT'S NEVER TOO EARLY TO LEARN HOW TO SWIM!

PRESCHOOL SWIM SCHEDULE (Ages 3-5 years)

JANUARY -MAY 2020

STAGES 1-4 (Water Acclimation, Movement, Stamina, and Stroke Introduction)							
DAY	CLASS TIMES				SESSION	COST	# OF CLASSES
	STAGE 1	STAGE 2	STAGE 3	STAGE 4			
Sat only	9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am	Jan 11- Feb 15	FM \$46 PM \$89	6
	10:25-10:55a	10:25-10:55a	10:25-10:55a	10:25-10:55a	Feb 22- Mar 14	FM \$31 PM \$58	4
	11:45-12:15p	11:45-12:15p	11:45-12:15p	11:45-12:15p	Apr 18- May 16	FM \$46 PM \$89	6
Sun only	3:00-3:30pm	3:00-3:30pm	3:00-3:30pm	3:00-3:30pm	Jan 12- Feb 16	FM \$46 PM \$89	6
	4:20-4:50pm	4:20-4:50pm	4:20-4:50pm	4:20-4:50pm	Feb 23- Mar 14	FM \$31 PM \$58	4
					Apr 19- May 17	FM \$39 PM \$73	5
Mon/ Wed	9:45-10:15am	9:45-10:15am	9:45-10:15am	9:45-10:15am	Jan 6- Jan 29	FM \$61 PM \$115	8
	10:25-10:55a	10:25-10:55a	10:25-10:55a	10:25-10:55a	Feb 3- Feb 26	FM \$61 PM \$115	8
	4:50-5:20pm	4:50-5:20pm	4:50-5:20pm	5:30-6:00pm	Mar 2- Mar 18	FM \$46 PM \$89	6
	5:30-6:00pm	5:30-6:00pm	5:30-6:00pm	6:10-6:40pm	Apr 6- Apr 29	FM \$61 PM \$115	8
Tue Only	9:45-10:15am	9:45-10:15am	9:45-10:15am	9:45-10:15am	Jan 7- Feb 25	FM \$61 PM \$115	8
	1:15-1:45pm	1:15-1:45pm	1:15-1:45pm	5:50-6:20pm	Apr 7- May 26	FM \$61 PM \$115	8
Tue/ Thu	5:10-5:40pm	5:10-5:40pm	5:10-5:40pm	7:30-8pm			
	5:50-6:20pm	5:50-6:20pm	5:50-6:20pm	5:50-6:20pm	Mar 3- Mar 19	FM \$46 PM \$89	6
Thu Only	7:30-8pm	7:30-8pm	7:30-8pm	7:30-8pm			
	5:55-6:25pm	5:55-6:25pm	5:55-6:25pm	5:55-6:25pm	Jan 9- Feb 27	FM \$61 PM \$115	8
Mon- Thu					Apr 9- May 21	FM \$57 PM \$109	7
	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	Mar 30- Apr 2	FM \$31 PM \$58	4



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LESSON SELECTOR

Can the student respond to verbal cues and jump on land?

NOT YET

**A / WATER
DISCOVERY**

Is the student comfortable working with an instructor without a parent in the water?

NOT YET

**B / WATER
EXPLORATION**

Will the student go underwater voluntarily?

NOT YET

**1 / WATER
ACCLIMATION**

Can the student do a front and back float on his or her own?

NOT YET

**2 / WATER
MOVEMENT**

Can the student swim 10–15 yards on his or her front and back?

NOT YET

**3 / WATER
STAMINA**

Can the student swim 15 yards of front and back crawl?

NOT YET

**4 / STROKE
INTRODUCTION**

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET

**5 / STROKE
DEVELOPMENT**

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET

**6 / STROKE
MECHANICS**

*At the Y, we know families take a variety of forms. As a result, we define **parent** broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.