# HRH GYM SCHEDULE—Jan 1– Mar 20

Please note that this schedule is subject to change. Please refer to the website and schedules posted outside of the gym for the most up to date information.

**DURING OPEN GYM, COURT 1 IS RESERVED FOR BASKETBALL GAMES & COURT 2 IS FOR SHOOTING. PICKLEBALL WILL SHARE THE GYM ON DAYS OF INCLEMENT WEATHER WITH PRESCHOOL.**

**GYM COLOR CODE**

| | |
|---|---|
| OPEN GYM | GROUP EX |
| CLOSED | ADULT SPORTS |

Court 1: Front  Court 2: Back

## MON

ROCK WALL CLOSED

| Court 1 | Court 2 |
|---|---|
| 5-8a Open Gym | |
| 8a-12p Pickleball | |
| 12-6p Open Gym | |
| 6-9p Shooting Only | 6-7:15p Turbokick |
| | 7:15-9p Open Gym |

## TUE

ROCK WALL CLOSED

| Court 1 | Court 2 |
|---|---|
| 5-9:15a Shooting Only | 5-8a Shooting Only |
| 9:15-10:30a LesMills BodyAttack | 8-10:30a Pickleball |
| 10:30a-12p Pickleball | |
| 12-5:15p Open Gym *Last week of month gym closed 1-3pm for AOA BINGO | |
| 5:15-6:30p Shooting Only | 5:15-6:30p STRONG NATION |
| 6:30-9p* Open Gym | 6:30-8p Sport Clinics: Basketball |
| | 8-9 Open Gym |

## WED

ROCK WALL CLOSED

| Court 1 | Court 2 |
|---|---|
| 5-8a Open Gym | |
| 8a-12p Pickleball | |
| 12-6:30pm Open Gym | |
| 6:30-9p Open Gym | 6:30-8p Sport Clinics: Baseball |
| | 8-9p Open Gym |

## THURS

ROCK WALL CLOSED

| Court 1 | Court 2 |
|---|---|
| 5-9:15a Shooting Only | 5-8a Shooting Only |
| 9:15-10:30a LesMills BodyAttack | 8-10:30a Pickleball |
| 10:30a-12p Pickleball | |
| 12-5:15p Open Gym *Last week of month gym closed 1-3pm for AOA BOARD GAMES | |
| 5:15-6:30p Shooting Only | 5:15-6:30p LesMills BodyAttack |
| 6:30-9p Open Gym | 6:30-8p Sport Clinics: Soccer |
| | 8-9p Open Gym |

## FRI

ROCK WALL CLOSED

| Court 1 | Court 2 |
|---|---|
| 5a-8a Open Gym | |
| 8a-12p Pickleball | |
| 12-5p Open Gym | |
| 5-9pm Open Gym | 6-9pm Travel League Practice |

## SAT

ROCK WALL CLOSED

| Court 1 | Court 2 |
|---|---|
| 7a-6:45p Open Gym* *Starting 1/9-2/27 Gym may be **CLOSED** from 8am-5pm for our Youth Basketball League. Please check with front desk for exact open gym time. | |

## SUN

ROCK WALL CLOSED

| Court 1 | Court 2 |
|---|---|
| 11a-12p Open Gym | |
| 12-3p Adult Open BBall | 12-3p Shooting Only |
| 3-5:45p Open Gym | |