



LET'S MAKE A SPLASH!

Monthly Swim Lessons

*Lessons are drafted monthly; additional details on back



PARENT/CHILD STAGES A-B (6 months-3 years)				
DAY	CLASS TIMES		COST	# OF CLASSES
	STAGE A	STAGE B		
Mon/Wed	5-5:30pm	5-5:30pm	\$136 / \$90—Y member	2x week
Tues	5:40-6:10pm	5:40-6:10pm	\$68 / \$45—Y Member	1x week
Sat	10:05-10:35am 11:25-11:55am	10:05-10:35am 11:25-11:55am	\$68 / \$45—Y Member	1x week
Sun	3-3:30pm 3:40-4:10pm	3-3:30pm 3:40-4:10pm	\$68 / \$45—Y Member	1x week

PRESCHOOL STAGES 1-6 (3-5 years)						
DAY	CLASS TIMES				COST	# OF CLASSES
	STAGE 1	STAGE 2	STAGE 3	STAGE 4		
Mon/Wed	10-10:30am 10:40-11:10am 5-5:30pm 6:30-7pm	10-10:30am 10:40-11:10am 5-5:30pm 6:30-7pm	10-10:30am 10:40-11:10am 5-5:30pm 6:30-7pm	10-10:30am 10:40-11:10am 5-5:30pm 6:30-7pm	\$136 / \$90—Y member	2x week
Tues	5:40-6:10pm	5:40-6:10pm	5:40-6:10pm	5:40-6:10pm	\$68 / \$45—Y Member	1x week
Wed.	10-10:30am	10-10:30am	10-10:30am	10-10:30am	\$68 / \$45—Y Member	1x week
Thu.	10-10:30am	10-10:30am	10-10:30am	10-10:30am	\$68 / \$45—Y Member	1x week
Sat	10:05-10:35am 11:25-11:55am	10:05-10:35am 11:25-11:55am	10:05-10:35am 11:25-11:55am	10:05-10:35am 11:25-11:55am	\$68 / \$45—Y Member	1x week
Sun	3-3:30pm 3:40-4:10pm	3-3:30pm 3:40-4:10pm	3-3:30pm 3:40-4:10pm	3-3:30pm 3:40-4:10pm	\$68 / \$45—Y Member	1x week

YOUTH STAGES 1-6 (6-11 years)								
DAY	CLASS TIMES						COST	# OF CLASSES
	STAGE 1	STAGE 2	STAGE 3	STAGE 4	STAGE 5	STAGE 6		
Mon/Wed	5:40-6:20pm	5:40-6:20pm	5:40-6:20pm	5:40-6:20pm	5:40-6:20pm	5:40-6:20pm	\$136 / \$90—Y member	2x week
Tues	4:50-5:30pm 6:20-7pm	4:50-5:30pm 6:20-7pm	4:50-5:30pm 6:20-7pm	4:50-5:30pm 6:20-7pm	4:50-5:30pm 6:20-7pm	4:50-5:30pm 6:20-7pm	\$68 / \$45—Y Member	1x week
Sat	9:15-9:55am 10:40-11:20am	9:15-9:55am 10:40-11:20am	9:15-9:55am 10:40-11:20am	9:15-9:55am 10:40-11:20am	9:15-9:55am 10:40-11:20am	9:15-9:55am 10:40-11:20am	\$68 / \$45—Y Member	1x week
Sun	4:20-5pm 5:05-5:45pm	4:20-5pm 5:05-5:45pm	4:20-5pm 5:05-5:45pm	4:20-5pm 5:05-5:45pm	4:20-5pm 5:05-5:45pm	4:20-5pm 5:05-5:45pm	\$68 / \$45—Y Member	1x week

TEEN/ADULTS (13+ years)				
DAY	CLASS TIMES		COST	# OF CLASSES
	STAGE 1	STAGE 2		
Sat	9:15-9:55am	9:15-9:55am	\$68 / \$45—Y Member	1x week



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LESSON SELECTOR

Can the student respond to verbal cues and jump on land?

NOT YET

A / WATER
DISCOVERY

Is the student comfortable working with an instructor without a parent in the water?

NOT YET

B / WATER
EXPLORATION

Will the student go underwater voluntarily?

NOT YET

1 / WATER
ACCLIMATION

Can the student do a front and back float on his or her own?

NOT YET

2 / WATER
MOVEMENT

Can the student swim 10–15 yards on his or her front and back?

NOT YET

3 / WATER
STAMINA

Can the student swim 15 yards of front and back crawl?

NOT YET

4 / STROKE
INTRODUCTION

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET

5 / STROKE
DEVELOPMENT

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET

6 / STROKE
MECHANICS

STROKING ONWARD

YOUTH STROKING ONWARD (ages 6–12 years)

DAY	CLASS TIMES	COST per month
Sunday	3–4pm	FM \$32.50 PM \$63

***All swim lessons will be drafted monthly. Lessons will not meet on the following dates:**

(These dates are built into the yearly payment plan and will not be made up.)

- May 31 (Memorial Day)
- July 4
- Sept. 6 (Labor Day)
- Oct. 18– Oct. 24 (one week of fall break)
- Nov. 25 (Thanksgiving)
- Dec. 20–Jan. 3, 2022