

# WHAT TO BRING

Please make sure your child's name is on all belongings. Please leave all valuables, electronics, cell phones, and toys at home. The YMCA is not responsible for lost or broken items.

Sunscreen

Backpack

Refillable water bottle

Hat or visor

Healthy lunch\* & 2 snacks

Closed-toe shoes

Swimsuit, towel, and plastic bag for wet clothes

\*Lunch may be provided at your location! Visit the Y's website for more info.

Preschool aged children are also asked to bring a change of clothes, along with a blanket and pillow for nap time, if preferred!



# A TYPICAL DAY

Most locations run from **6:30am-6:00pm**. Schedules may vary.



## EXTENDED CARE

6:30am-9:00am

Children choose from a variety of activities.

**NO ADDITIONAL FEE FOR EXTENDED CARE!**



## OPENING CIRCLE

9:00am-9:30am

The day kicks off with an exciting celebration!

## ACTIVITY ROTATIONS

9:30am-12:00pm



Daily rotations vary depending on the week's theme and include activities like archery, STEM, team building, outdoor education, and group games.

## LUNCH

12:00pm-1:00pm



Children take a break to eat and recharge. This is also a great time to socialize with friends!

**FREE BREAKFAST & LUNCH OFFERED AT MOST LOCATIONS!**

## ACTIVITY ROTATIONS

1:00pm-3:30pm



Children are ready for more action and rotate around the space in small groups to try new activities.

## CLOSING CIRCLE

3:30pm-4:00pm



Children come together to end another awesome day!

## EXTENDED CARE

4:00pm-6:00pm



Child choice! Different activity options will be available to end the day.

